

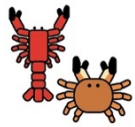

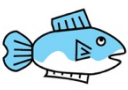
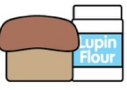






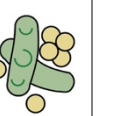



The
Wild Fig
Liverpool


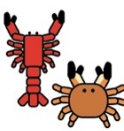
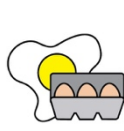
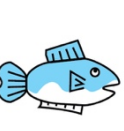
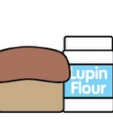






DISHES AND THEIR ALLERGEN CONTENT

October 2019



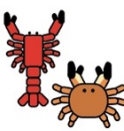
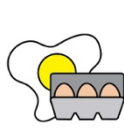
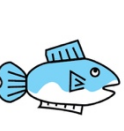
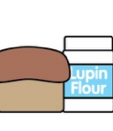








DISHES AND THEIR ALLERGEN CONTENT – The Wild Fig – Breads & Sides

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Bread		✓					✓			✓				✓
Root Vegetable & New Potatoes							✓			✓				
Chips										✓				
Mashed Potato				✓			✓			✓				
Asparagus							✓			✓				
Broccoli							✓			✓				
Salad										✓				
Olives										✓				



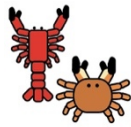
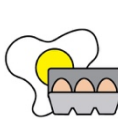
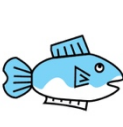
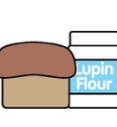








DISHES AND THEIR ALLERGEN CONTENT – The Wild Fig - Starters

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Pakorاس	✓								✓	✓				
Pheasant Pate		✓		✓			✓			✓				
Black Pudding									✓	✓				
Goats Cheese Croquettes	✓	✓		✓			✓		✓	✓				
Mushroom Soup		✓								✓				
Asparagus Hummus		✓								✓		✓		
Belly Pork Ribs										✓				
Crab Cakes	✓	✓	✓	✓	✓				✓	✓				
Fish Tacos		✓		✓	✓				✓	✓				
King Prawns	✓		✓	✓					✓	✓				

DISHES AND THEIR ALLERGEN CONTENT – The Wild Fig - Mains

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Fish of the day				✓	✓				✓	✓		✓		
Beef	✓									✓				✓
Pork Belly	✓									✓				✓
Beetroot	✓									✓				✓
Nut Loaf	✓									✓			✓	
Sea Bass	✓	✓			✓					✓			✓	
Lamb	✓						✓			✓				✓
Duck	✓									✓				✓
Ribeye	✓						✓							✓
Chicken	✓						✓			✓				✓

DISHES AND THEIR ALLERGEN CONTENT – Desserts

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cambridge cream		✓					✓			✓				
Brownie							✓			✓			✓	
Fruit Salad										✓				
Almond Cake		✓		✓			✓			✓				
Cheesecake		✓					✓			✓				
Cheese Biscuits		✓					✓			✓				✓
Ice Cream							✓			✓			✓	

Review date: October.. 2019

Reviewed by: C. Graham



Food Allergen Disclaimer

The Wild Fig make every attempt to identify ingredients that may cause an allergic reaction. Although we have a strict cross contamination policy, there is always a risk of contamination from our third-party suppliers.